

Heather Houston

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SUMMARY

I've woven together my artistry and leadership with my passion for women's empowerment, connection, and community-building to create a unique, joy-based approach for freeing people's voices and spirits.

RETREAT LEADERSHIP

Singing on the Edge— Esalen Institute

October 2018 & Confirmed for September 2019

Lead 175 participants through a variety of vocal experiences throughout the three day campus-wide retreat.

Free Your Voice— 1440 Multiversity

2017 - Present

Specialty class team member and retreat leader, offering deeply expansive and joy-filled singing journeys to guests.

Songwriting Retreat— Sequoia Retreat Center

2016 to Present

Conduct 'Free Your Voice' workshops as a foundational part of Judy Stakee's bi-annual retreats.

Women's Spirit Song Retreats— Skyote Mountain

2005- Present

Over 400 women have participated in my annual, day-long retreat since 2005. The workshop has been filled to capacity each year.

Song Village— Santa Cruz Mountains

2016 - Present

Song leader for this large, annual, three day gathering.

Singing and Yoga Retreat— Ubud, Bali

2009 and 2011

Organized and lead singing, chanting, yoga, and qigong.

Sacred Sound Meets Sacred Nature— Pema Osel Ling

2008 - 2016

Leader of song, chant and yoga for retreats with Silvia Nakkach.

SKILLS

Singer
Songwriter
Song and Chant Leader
Choir Director
Music Production
Event Production
Team Leadership
Project Management
Social Media Marketing
Community Building

AWARDS

Belle Foundation Grant

Awarded \$3,000 for furthering artistic development - 2011.

ZMR Top 10 Album

Prayers for the Water - 2016.

TESTIMONIALS

"I love how Heather encourages women to sing and share their light. I love how excited she gets when we sing. There is such an appreciation and love that her energy surrounds us with, and it helps everyone feel safe."
— Adora, Santa Cruz, CA

"The retreat was so well run. I am impressed with your gentle guidance and ability to make it seem like a cake-walk. I have been in many professional positions in my lifetime... and have had to run many programs,

VOCAL LEADERSHIP

Women's global music choir Yala Lati— Santa Cruz

2005 - Present

My powerful 45 voice choir meets once-per-week to rejoice in singing heart-opening songs, using intricate rhythms and transcendent harmonies. The group performs twice annually to sold-out audiences. We also perform at spiritual centers throughout the Bay area.

Sisters In Harmony Circles & Trainings— Santa Cruz

2005 - Present

Circles- These weekly gatherings create sacred space for women to wholeheartedly open their voices with simple, yet powerful songs and chants. Trainings- This bi-annual song leader training supports women to start Sisters In Harmony circles in their own communities.

Private Vocal Coach— Santa Cruz

2000 - Present

Have taught over 10,000 private lessons and voice therapy sessions.

Music Teacher— Santa Cruz Children's School

1998 - 2004

ALBUMS



Sisters of the Moon

Inspiring the rising tide of the feminine spirit! Featuring the voices of Heather's Women's Choir Yala Lati.
Release date: January 2020.



Prayers for the Water

Heather's first solo album was successfully crowdfunded and co-produced with multi-instrumentalist Todd Boston. A ZMR Top 10 Album for 2016.



Sirenz

Heather's premier a cappella group. A fusion of four powerful voices that ignite the spirit using dynamic harmonies, funky beats, and soul-stirring lyrics. 2007.



Dis Moi - Between Us

Like water for the soul, these women evoke rivers of love flowing through the depths of your heart. Raw, honest, and pure a cappella beauty. 2000.

workshops, and retreats and think I am pretty good at it. I usually find fault (unexpressed) with most workshops/retreats. Yesterday... I could see NOTHING that I would change. It was absolutely right on... everything!"
– Marty, Santa Cruz, CA

“Being part of the women's groups that gather for Heather's singing circle has allowed me to express my voice, both in vulnerability and in strength, while being supported by the presence of other brave and soulful women in a way I never imagined possible. I have heartfelt gratitude for the beauty, healing, and safety that Heather offers in these joyful gatherings.”
– Adriel, Aptos, CA

Past Workshop Titles

The Art of Mindful Singing
Vocal Meditation
The Joy of Singing
Devotional Chanting
Singing Fundamentals
Community Sing
Singing the World Awake
Women's Harmony Singing
Voices of Spirit

EDUCATION

Pacific University
BA - Social Work

Cabrillo College
AA - Music

Kali Ray Triyoga
Certified Instructor

Vox Mundi School of the Voice
Ongoing since 2006

